How We Can Help

- A safe, women-only space where you will be listened to and believed
- One-to-one, trauma-informed support tailored to your needs
- Help with mental health and emotional wellbeing
- Support with housing, finances and benefits
- Advocacy and mentoring to help you navigate services
- Support around the criminal justice system
- Access to groups, courses and practical skills
- Help to build confidence, independence and hope for the future
- Peer support from women with lived experience

Get in touch with our friendly Leeds Team today!

Visit our Leeds Centre:
Opening hours: Mon-Thu, 9am-5pm;
Fri, 9am-4:30pm

Address:
Joseph's Well, Chorley Lane, Leeds, LS3 1AB

CONTACT US
Tel: 0113 460 1613
Email leeds@togetherwomen.org

We have centres across Yorkshire and Humberside. For information about another centre, please speak to a member of our team. All centres are safe, women-only environments.

Visit our website:
www.togetherwomen.org

Find us on:

togetherwomen

Supporting women and girls to be safe, valued and in control of their own lives.

Leeds

0113 460 1613
leeds@togetherwomen.org

Joseph's Well, Chorley Lane, Leeds, LS3 1AB

Activities and Programmes in Leeds

- Drug and Alcohol Drop-in
- Parenting Group
- Housing Support
- Peer Mentoring
- Domestic Violence Support
- Managing Emotions Group



For more information on groups in Leeds, speak to a member of our team!

Who We Are

Together Women is here to support you, whatever your story.

Our women-only centres offer safe, welcoming spaces where you can find advice and support to reach your goals, whatever they may be.

No matter what you're facing, life after prison, challenges with housing, domestic or sexual abuse, money worries, you can talk things through with a member of our team. It all starts with a referral, either from a third party organisation, or you can refer yourself.

We understand that every woman is unique. That's why our approach is person-centred and always trauma-informed. We're here to help you without judgement.

Let's work together to help you feel safe, valued and in control of your life.

After your referral comes through, a member of our specialist team will work alongside you to build a personal plan that supports the goals that matter most to you.

"I don't know what I'd have done without Together Women"